

Overall objective: To address inactivity across the county - improving access and opportunity for all residents to be active and participate.

Activity and Wellbeing: Identified Action	South Kestevens Action Plan	By When	By Whom	Completion Status	Progress as of September 2024
<b>Active Place:</b> Develop a plan to be able to positively influence the planning system/external decision making in the area	Openly share the SKDC Sport and Physical Activity Strategy with partners to achieve common goals.	Ongoing	Beth Goodman	Ongoing	Continue to share the strategy with partners and discuss interventions with local organisations that will help meet joined objectives
	Be involved with the development, progress and actions of the Open Space, Sport & Recreation Study, Playing Pitch Strategy and Built Facilities Strategy that is being developed in the district. This will help SKDC understand the requirements in the district.	Spring 2024	Michael Chester	Ongoing	The final stages of the Playing Pitch Strategy have been drafted and the study will be completed later in 2024.
	Complete equality impact assessments on all projects involving people to ensure fairness is considered for all.	Ongoing	Beth Goodman	Ongoing	Completed for SKDC events organised by Leisure
<b>Active Place:</b> Make better use of green spaces across Lincolnshire and maximise opportunities for residents and visitors to be active in Lincolnshire	Develop partnership with a provider through funding to deliver fitness sessions to residents in parks/open spaces, or alternatively implement a volunteer led scheme.	Summer 2024	Beth Goodman	Ongoing	A previous funding application was rejected but work continues with Grantham as a starting point with lowest levels of deprivation. An application will be submitted to the Sport England Movement Fund.
	Promote outdoor gym use working with Active Lincolnshire ensuring the maps in the district are displayed on the outdoor gym finder/Lets Move Lincolnshire.	Spring 2024	Alison Lewis	Ongoing	Continuing to promote the outdoor gyms through social media. When investing in play areas, exploring options to install play fitness equipment will be completed.
	Review how we publicise open spaces and outdoor leisure provision as part of the open space study.	Spring 2024	Leisure/Planning	Completed	Visit Lincolnshire website has dedicated space for nature and landscape which includes several walks and trails across the county. The open space study has been completed, and the council continue to collaborate with the Slow Ways website.
	Retain Green Flag status in the parks.	July, 2024	Sharon Haythorn	Completed	This was achieved and celebrated in July 2024
	Work closely with local organisations to develop cycling routes through the district.	Summer 2024	Beth Goodman	Ongoing	British Cycling trained leaders continue to lead new routes in collaboration
	Develop Grantham Transport Strategy focusing on Active Travel through walking and cycling.	Ongoing	Beth Goodman/LCC	Ongoing	Looking at options to complete an Accessibility Study to improve 3 identified routes within Grantham.
	Influence social prescribers to include green spaces as a positive place to promote mental and physical wellbeing	Ongoing	Beth Goodman	Completed	A Pain Café and Young Adults Social Group has launched at Wyndham Park Visitor Centre, hosted by social prescribers.

<p><b>Active Place:</b> Widen the focus from commercial leisure offer and asset-based physical activity to activity outside, in the home and in the workplace</p>	Regularly connect with Lincolnshire County Council/Active Travel England to positively influence Active Travel, encouraging the planning team to apply for funding provision and developments of public footpaths and cycleways.	Ongoing	Beth Goodman	Ongoing	Lincolnshire County Council have had no Active Travel Officer since the end of 2023 therefore there has been minimal county direction regarding Active Travel. South Kesteven District Council have 200k allocated within the UKSPF pot assigned to Active Travel and a number of schemes are being bid for
	Explore digital inclusion opportunities for users to be able to work out from home and in the workplace.	September, 2024	Beth Goodman	Completed	The Council have worked closely with We are Undefeatable to ensure residents are aware of opportunities to work out from home. A move more workout card has been created to enable people to undertake exercises that are easy to do at home or in the workplace.
	Look at costings and accessibility of leisure centres to break down barriers of accessing health facilities. Look at opportunities for future delivery via the leisure provider.	Ongoing	Michael Chester/Karen Whitfield	Completed	An agency model has been explored and proposed to Leisure and Culture Scrutiny Committee in September 2024.
	Create maps of community assets with the benefits of being active linking the green spaces, community foot and cycle paths alongside displaying the benefits of active travel on climate change.	Summer 2024	Beth Goodman/Serena Brown	Ongoing	Currently acquiring existing maps/researching existing points of interest and routes whilst calculating carbon footprint for short journeys by car. Comms team will design up maps, starting with Grantham and should be completed by end of 2024.
	Continue to work on the actions identified in the condition surveys and undertake feasibility studies with the UKSPF to ensure facilities remain attractive, accessible, and available to residents.	Ongoing	Leisure/Property	Ongoing	condition surveys and has identified all C & D category works. These C & D categories formed the basis for the next stage of prioritisation of the works programme. This stage includes programming works in accordance with the budgets we have available and the urgency of the works. Some works that were identified are planned for the financial year 24/25 where possible, other condition survey projects are being considered for financial year 25/26 including redecoration works at Meres and SK Stadium which will be dependent on budgets available.
	Increase awareness and benefits of physical activity in South Kesteven through networking and marketing, including the use of the Activity Finder on the Let's Move Lincolnshire platform.	Ongoing	Beth Goodman	Ongoing	SKDC website has been updated to incorporate a direct link/widget to the Activity Finder. Additional resources and benefits have also been made available through on this page: <a href="https://www.southkesteven.gov.uk/arts-leisure-and-culture/sports-and-leisure">https://www.southkesteven.gov.uk/arts-leisure-and-culture/sports-and-leisure</a>

<b>Active People:</b> Provide Opportunities and programmes across communities to enable residents to take part in regular activity	Work with stakeholders to provide ample opportunities and programmes within South Kesteven, targeting all ages/abilities.	Ongoing	Beth Goodman	Ongoing	Wellbeing fairs delivered across market towns and currently working on one for the Deepings. Positive Futures offers free programmes for juniors to undertake. Exploring options to create a sport forum in South Kesteven.
	Continue to develop Lincolnshire Co-op Wellbeing Walks to ensure there are two in each market town.	Summer 2024	Beth Goodman/Lincs Coop	Completed	Options for further training to be considered to support volunteers at Wyndham Park Visitor Centre
	Work with Active Lincolnshire and Ageing Better to make South Kesteven an Age Friendly District	November, 2024	Equality, Diversity Internal Group	Ongoing	CMT approves plans to gain Political Support to process with an application to become part of the UK Network
	Implement an annual workforce wellbeing plan to ensure physical and mental wellbeing is at the forefront of the work we do.	Apr-24	Wellbeing Team	Ongoing	A draft of the Internal Wellbeing Plan has been created and will be ready for CMT to approve in November 2024. A range of initiatives have continued to be delivered to employees concentrating on employees physical, mental, financial and emotional health. SKDC have been nominated as a finalist for the second year running at the Lincolnshire Sport and Physical Activity Awards for 'Active Workplace Award'.
<b>Active System:</b> Creating leadership, governance and partnerships, and workforce capabilities across sectors to use resources in a more coordinated way to reduce inactivity.	Work with local leisure providers to deliver rehabilitation programmes for those living with long term health conditions and older adults.	Ongoing to meet changing demands	Beth Goodman	Ongoing	Working with the Lincoln City Foundation and LeisureSK to launch a new Fighting Fit: living with cancer physical activity session in Stamford. Programmes in Bourne and Grantham have come to an end due to funding
<b>Active System:</b> Each district council to develop opportunities to positively influence internal/corporate decision making in their local area and embed in governance processes	Create a mental health working group	June, 2024	Wellbeing Team	Completed	This group was launched in May 2024 during Mental Health Awareness Week and will continue on a quarterly basis, sharing ideas and support. All of the Council's Mental Health First Aiders are part of this.
<b>Active System:</b> Proactive and inclusive approach to sharing learning, best practice and opportunities for collaboration.	Join the wellbeing network groups with local connectors to cover the district.	Ongoing	Beth Goodman	Completed	Ongoing attendance at the Grantham Partnership Board.
	Celebrate and raise awareness through our communications and social media channels	Ongoing	Marketing	Ongoing	Continue to share with partners and discuss interventions with local organisations that will help meet joined objectives
<b>Active System:</b> Proactivity engage across the NHS to encourage innovation and creativity to enable health, wellbeing and physical activity within planning consultations.	Work with PCNs, Neighborhood leads and social prescribers to create successful partnerships to share best practice and opportunities.	Ongoing	Beth Goodman	Completed	Encouraging GP practices to sign up as an Active Practice. A young adults social group and a Pain Café has launched at Wyndham Park Visitor Centre, in partnership with the NHS PCN K2.
	Research and develop a plan for place-based partnerships and opportunities.	May, 2024	Beth Goodman	Completed	Active Lincolnshire is leading on this work through their connected communities sub-group, including Grantham.

	All activities planned through all organisations should deliver on the five ways to wellbeing; be active, connect, take notice, keep learning, and give.	Ongoing	Beth Goodman/All	Ongoing	New Internal Wellbeing Plan will be based on this and all external activities delivered will have a focus on at least one strand.
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